Extreme Heat Resources

National Weather Service Heat Safety Tips & Resources
https://www.weather.gov/safety/heat

CDC’s Tips for Preventing Heat-Related Illness
https://www.cdc.gov/disasters/extremeheat/heattips.html

CDC’s Warnings Signs and Symptoms of Heat-Related Illness
https://www.cdc.gov/disasters/extremeheat/warning.html

CDC Extreme Heat Infographic (also available in Spanish)
https://ephtracking.cdc.gov/showClimateChangeExtremeHeat.action

Human Society’s Keeping Pets Safe in the Heat
https://www.humanesociety.org/resources/keep-pets-safe-heat

Find your local National Weather Service forecast and information at:
https://www.weather.gov/bgm/

Cooling Centers - Cooling centers are facilities where you can go to cool off during extreme heat. Here are some possibilities for Chemung County. Check our website or Facebook page for updates.

<table>
<thead>
<tr>
<th>Libraries</th>
<th>Address</th>
<th>Phone #</th>
<th>Pool?</th>
<th>Splash Pad?</th>
<th>Lake</th>
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<tr>
<td>Big Flats</td>
<td>78 Canal St., Big Flats, NY 14814</td>
<td>607-562-3300</td>
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<td>Steele Memorial</td>
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<td>607-733-9173</td>
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<tr>
<td>Horseheads</td>
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<td>West Elmira</td>
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<td>Sullivan Park</td>
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